



NEWSLETTER: 15th September 2023

Dear Families

Once again thank you for your patience and understanding at the unexpected school closure on Monday. The children have adapted very well to the temporary changes that we have had to put in place. We hope to be back to normal in the next few weeks and will keep you updated with progress.

<u>ARBOR</u>

We currently have 92% of parent/guardians signed up to the parent portal. If you are experiencing any difficulties or need help to sign up please contact the school office.

Breakfast Club and Wraparound Care

If your child wishes to attend breakfast club and/or wraparound care this must be booked and paid for on ARBOR.

Registering a child for a wraparound care club using the Parent Portal or Arbor App is a simple process.

- From the main Parent Portal page, scroll down to the **Activities** section and click on the field with the child's name and **Clubs** in.
- The *All Clubs* page will list any clubs the child is currently a member of and any clubs that are currently open for them to join. Click on the appropriate club from the *Clubs* open to (*Child's Name*) list to open up that club's information page.
- The club information page will display membership and timetable information. Any existing membership into the club for the pupil will be displayed. To sign your child up for the club simply click on **Register For This Club** in the top right-hand corner of the page.
- In the slide over, choose the membership period to sign up for this may be a day, a term or the whole academic year
- Choose which membership periods to sign up to.
- Then select which times to sign up to for the club.
- Finally, confirm registration.

Payments for school meals, breakfast club and wraparound care are all know on ARBOR.

<u>Y6</u>

Mrs Hammill, Head Teacher of St Bede's, is coming into school on Monday 18^{th} September to meet our current Y6 pupils. She will be available from 3:20 pm for $\frac{1}{2}$ an hour to speak with parents. Y6 pupils will be supervised in school whilst parents meet with Mrs Hammill.

<u>Y5</u>

Well done to our Year 5 pupils who have spent 3 wonderful days at YMT's Emmaus Youth Village. It was a great success. They shared their time making new friends and growing in faith. Thanks to all staff from YMT and school for supporting our pupils.



As you know, attendance is hugely important and we report attendance on a weekly/ monthly/ termly basis. We monitor attendance/lateness very closely in school and will raise any concerns with parents/carers on an individual basis. If you have any concerns with regards to your child's attendance/lateness, please contact us as soon as possible so we can work together to resolve any issues.

This week's attendance is 96.73%. Our target is 97%

Nursery	Reception	Year1	Year2	Year 3	Year 4	Year 5	Year 6
92.9	97.77	99.13	94.71	98.21	95.54	99.14	97.18

Star of the Week

The following children have received a Star of the Week certificate this Week:



Nursery	Ada	For showing great enthusiasm when joining in our story of the week 'The Colour Monster'			
Reception	Chester	For an amazing job blending the sounds he hears together to say the right words during our Fred Talk games!			
Year 1	Brody	For writing a brilliant letter and coming up with great adjectives.			
Year 2	Noah	For his wonderful handwriting and amazing setting description			
Year 3	Aidan	For using fantastic similes to describe the Iron Man.			
Year 4	Ella C	For a fantastic attitude to learning and for being super helpful in class			
Year 5	Whole Class	For exemplary behaviour on their residential. Well done.			
Year 6	Austen	For his fantastic attitude to his work this week, particularly in maths.			

<u>ALPHA</u>

St Teresa's are inviting you to try Alpha. It's a course for anyone who's curious about exploring the big questions of life, faith and God in a Catholic context or anyone wanting to find some answers in order to support their children in faith development. Have you ever found yourself asking these questions...

What is life really about? Could there be more to life?

Want to find some answers? Why not try Alpha at St Teresa's Church, Annfield Plain!

The community of St Teresa's Church in Annfield Plain and All Saints RC Church in Lanchester are running the Alpha course at St Teresa's on Monday evenings, 7-8.30pm. Each session will include refreshments, a short talk and small group conversations. The course is based on a model of fun, faith and fellowship – it is a very open setting where everyone is welcome no matter your faith and beliefs and there are no tests or demands. And... it is absolutely free! The first session will be on **Monday 25th September 2023 at 7pm**.

If you are over 18 and interested in taking part in the course please sign up using the QR code below. If you would like to know more you can email Helen at <u>helenmargarethunt@gmail.com</u> or <u>lanchester.allsaints@rcdhn.org.uk</u> or for more information check out the alpha website – <u>www.alpha.org.uk</u> Or Join our Facebook page for more details (ALL SAINTS RC LANCHESTER &ST TERESA'S RC FRIENDS).



Understanding Why Children Might Be Anxious About School

This is an awareness session to increase understanding of why children might be anxious about school, identify potential triggers and look at available support and strategies. This session is suitable for parents/carers of all school aged children but may be of limited value to parents of children with more complex needs

Tuesday 26th September-09:30-11:30

Anxiety (Two groups) this session looks at what anxiety is, what the triggers might be, how to identify it and how we can support our children and young people.

Tuesday 10th October 09:30-11:30-Over 11 years

Tuesday 24th October 09:30-11:30 - 5-11 years

Emotional Wellbeing This session will focus on emotional wellbeing, what is it and how can we improve it for ourselves and our children.

Tuesday 14th November 09:30-11:30

Child to Parent Violence and Aggression We will consider models of aggression in children and young people and identify key influencing factors. We will look to apply these models of aggression and consider them within the family / parent context and explore how aggression can become a pattern in households.

Wednesday 6th December 1:30pm-3:30pm

NEW SESSION—Understanding Sleep This workshop will provide an understanding of sleep cycles and importance of good sleep hygiene and routine. We will look at why sleep problems may occur for young people, possible causes and look at strategies to help your child develop good sleep habits.

Wednesday 11th October 1:30pm-3:00pm

NEW SESSION—Understanding Behaviour Development in Children and

Young People This session will look at behavioural norms in the developing child and how adult behaviour influences this. We will look at the challenges parents and carers may face and how they can support their children and young people to develop resilience and manage risk as they grow to adulthood and independence

Tuesday 17th October 1:30pm-3:45pm

To book places please email <u>tewv.countydurhamcamhstraining@nhs.net</u> or scan the QR code below to access the Trust website for further details. Please state which sessions (and dates) you'd like to attend. The sessions are aimed at parents of school aged children but parents of younger/older children are very welcome. The sessions will be led by a CAMHS trainer and will run on Microsoft TEAMS. If you have any additional needs, please mention this in the booking email.